How to make a Safeguarding Complaint for Adults



Safeguarding is about keeping people safe from abuse and harm.



If you are over 18 old and you are being abused, you should talk to someone that you trust about it.



If you are worried that someone who is over 18 years old who has a disability is being abused or neglected, you can contact your local HSE Safeguarding Protection Team.



Safeguarding Protection Teams are made up of social workers who will investigate any safeguarding complaints.



The Safeguarding Protection Teams can be contacted through the HSE National Safeguarding Office



You can email the HSE National Safeguarding Office

at: safeguarding.socialcare@hse.ie



The HSE National Safeguarding
Office telephone number is
061 46 1165. They can be
contacted Monday to Friday 9.005pm



Each area in Ireland has their own local HSE Safeguarding Protection Team. The HSE calls each local area a Community Health Organisation or CHO.



If you do not know which area (CHO) you are in call the National Safeguarding Office and they will tell you.





HSE Safeguarding Protection Teams

You can find easy to read information on your local Safeguarding Protection Team at the links on the right of this page.

HSE Confidential Recipient



The HSE have appointed a **Confidential Recipient** for vulnerable persons receiving residential care.

The confidential recipient can ask the HSE to fully investigate your complaint.



Telephone the **Confidential Recipient**

1890100014



An Garda Síochána (Police)

If your complaint involves a possible crime contact your local Garda Station